

# INFORMED CONSENT FOR BOTULINUM TOXIN TREATMENT

Botulinum toxin (Botox®, Jeuveau, Xeomin and Dysport) is a neurotoxin produced by the bacterium Clostridium A. Botulinum toxin can relax the muscles on areas of the face and neck which cause wrinkles associated with facial expressions. Treatment with botulinum toxin can cause your facial expression lines or wrinkles to essentially disappear. Areas most frequently treated are: a) glabellar area of frown lines, located between the eyes; b) crow's feet (lateral areas of the eyes); c) forehead wrinkles; and d) radial lip lines (smokers lines). Botulinum toxin is diluted to a very controlled solution and when injected into the muscles with a very thin needle, it is almost painless. Patients may feel a slight burning sensation while the solution is being injected. The procedure takes about 15-20 minutes and the results can last 3-4 months. With repeated treatments, some individuals notice the results may last longer.

## RISKS AND COMPLICATIONS

It has been explained to me that there are certain inherent and potential risks and side effects in any invasive procedure and in this specific instance such risks include but are not limited to: 1. Post treatment discomfort, swelling, redness, and bruising, 2. Double vision 3. A weakened tear duct 4. Post treatment bacterial, and/or fungal infection requiring further treatment 5. Allergic reaction 6. Minor temporary droop of eyelid(s) in approximately 2% of injections, this usually lasts 2-3 weeks 7. Occasional numbness of the forehead lasting up to 2-3 weeks, 8. Transient headache, and 9. Flu-like symptoms may occur.

## PHOTOGRAPHS

I authorize the taking of clinical photographs and videos and their use for marketing purposes both in publications, social media and presentations. I understand that photographs and video may be taken of me for educational and marketing purposes.

## PREGNANCY, ALLERGIES & NEUROLOGIC DISEASE

I am not aware that I am pregnant and I am not trying to get pregnant, I am not lactating (nursing), have any significant neurologic disease including but not limited to Myasthenia Gravis, Multiple Sclerosis, Lambert-Eaton Syndrome, Amyotrophic Lateral Sclerosis (ALS), Parkinson's or that I have any allergies to the toxin ingredients, or to human albumin.

## PAYMENT

I understand that this is an "elective" cosmetic procedure and that payment is my responsibility and is expected at the time of treatment.

## RESULTS

I am aware that when small amounts of purified botulinum toxin are injected into a muscle it causes weakness or paralysis of that muscle. This appears in 2 – 10 days and usually lasts up to 3-4 months but can be shorter or longer. In a very small number of individuals, the injection does not work as satisfactorily or for as long as usual and there are some individuals who do not respond at all. I understand that I will not be able to use the muscles injected as before while the injection is effective but that this will reverse after a period of months at which time re-treatment is appropriate. I understand that I must stay in the erect posture and that I must not manipulate the area (s) of the injections for the 2 hours post-injection period.

I understand this an elective procedure and I hereby voluntarily consent to treatment with botulinum toxin injections for facial dynamic wrinkles. The procedure has been fully explained to me. I have read the above and understand it. My questions have been answered satisfactorily. I accept the risks and complications of the procedure and I understand that no guarantees are implied as to the outcome of the procedure. I also certify that if I have any changes in my medical history I will notify the office immediately.

---

Patient Name (Print)

Patient Signature

Date

---

Provider Name (Print)

Provider Signature

Date

# BOTULINUM TOXIN PRE - TREATMENT INSTRUCTIONS



(765) 362-3333

In an ideal situation it is prudent to follow some simple guidelines before treatment that can make all the difference between a fair result or great result, by reducing some possible side effects associated with the injections. We realize this is not always possible; however, minimizing these risks is always desirable.

- ❖ **Avoid Anti-inflammatory / Blood Thinning medications** ideally, for a period of two (2) weeks before treatment. Medications and supplements such as Aspirin, Vitamin E, Ginkgo Biloba, St. John's Wort, Ibuprofen, Motrin, Advil, Aleve, and other NSAIDS are all blood thinning and can increase the risk of bruising/swelling after injections.
- ❖ **Avoid Alcoholic beverages for at least 24 hours prior to treatment** - alcohol may thin the blood increasing the risk of bruising.
- ❖ **Avoid waxing, bleaching, tweezing, or the use of hair removal creams** in the area(s) to be treated.
- ❖ **Take Tylenol 1 hour prior to your appointment if you have any concerns about discomfort.**
- ❖ **If you have any history of herpes simplex (cold sores) on your face**, please inform us 1 week prior to your appointment; this will allow us adequate time to prescribe a medication to prevent an outbreak.
- ❖ **Sunburn skin is difficult to treat** so try to avoid exposure to the sun prior to treatment.
- ❖ **Eat a small meal or a snack** before your appointment.
- ❖ **Always inform your doctor of all medications**, including supplements you may be taking as well as any changes in your medical history.
- ❖ **Schedule your appointment at least 2 weeks prior to a special event which may be occurring**, this will allow the neurotoxin enough time to take effect.

## PRECAUTIONS

You would **NOT** be considered a candidate for neurotoxin treatment if you have any of the following:

Myasthenia Gravis  
Neuromuscular Disorder  
Allergy to human albumin

Allergy to Botulinum Toxin  
Pregnant or breastfeeding

# BOTULINUM TOXIN POST - TREATMENT INSTRUCTIONS



(765) 362-3333

- ❖ **Avoid manipulation, straining, heavy lifting or vigorous exercise for 2-4 hours following treatment.** It is known that it takes the toxin approximately 2 hours to bind itself to the nerve to start working. We do not want to increase circulation to that area to wash away the neurotoxin from where it was injected.
- ❖ **Do not lie down or bend over for 2-4 hours following treatment.**
- ❖ **The results of your treatment can take up to 14 days to take full effect.** Usually patients notice a change in 4-5 days. It takes time for the muscles to lose strength and the lines to fade following treatment. Please wait until 14 days have passed before assessing if you are pleased with the results.
- ❖ **Makeup may be applied before leaving the office.** Avoid facials and saunas the day of treatment.
- ❖ **Try to use the injected muscles for the first 1-2 hours after treatment:** practice frowning, raising your eyebrows and squinting. This helps work the neurotoxin into your muscles. Although this is thought to help, this will not impact your treatment negatively if you forget.
- ❖ **There can be a slight chance of bruising at the treated site,** this is temporary. Be assured that any tiny bumps or marks will go away within a few hours of treatment.
- ❖ **Avoid any type of facial, microderm abrasion, or massage for 14 days after treatment.**
- ❖ **Avoid Ibuprofen, Advil or Motrin.** Tylenol is acceptable to take if experiencing discomfort.
- ❖ **Neurotoxin treatment is a temporary procedure** and at first, you may find that your treatment results will last approximately 3-4 months. If you maintain your treatment appointments with the frequency recommended by your clinician, the duration of each treatment results may last longer than 4 months.
- ❖ **Your satisfaction is important to us! We would like you to return to the office in 2 weeks for a follow-up assessment appointment, especially after your first treatment.** This will ensure we are able to see how your facial muscles react to your treatment. If you require additional neurotoxin to fine-tune/adjust your treatment results there will be additional unit charges at the regular rate.